

Health and Safety of Your Child at School

Questions and Answers

You can also ask these questions to your child's school.

Who Can I Talk to About My Child's Safety or Well-Being?

For concerns about your child's physical or emotional wellness, you can contact:

- Guidance Counselor
- Social Worker
- School Psychologist
- School Nurse
- Athletic Trainer/Coach
- Deans



Mental Health Support:

Call Care Solace at 888-515-0595 or visit caresolace.com/d214 for free, private help finding mental health or substance use services.

In Crisis? Call or text 988 for immediate help.

Bullying or harassment can be reported to your child's counselor or the dean. Our schools have zero tolerance for bullying.

When Should I Keep My Child Home and How Do I Report an Absence?

Keep your child home if they're sick. For questions about illness or medication, contact your school's Nurse's Office.



To report an absence, call your school's Attendance Office. It's okay to leave a message.

When you call, say: "Hello. My student, (First & Last Name), is in (grade) at (school name). They are sick and will not be at school today."

Who do I contact if my child takes medication (like an inhaler or EpiPen)? What are the school's vaccination requirements?

All medications must be given through the school nurse. During registration, you'll receive forms for medication permission and medical needs. A doctor's note is required for any prescribed medication.



To enroll, your child must have a health exam and up-to-date vaccinations. If you need help due to insurance or financial concerns, contact the school nurse for support and resources.

Will the school keep my child's and family's information private?

Yes. All personal information about your child and family is kept confidential and will only be shared with your written permission. District 214 follows the Family Educational Rights and Privacy Act (FERPA), a federal law that protects your right to access, update, and control who sees your child's education records.



Attendance Matters

Being in school every day is key to student success. But if your child is going to be absent, please call your school's attendance line as soon as possible:

Buffalo Grove High School (847) 718-4001
 Elk Grove High School (847) 718-4401
 International Newcomer Academy (847) 718-7937
 John Hersey High School (847) 718-4801
 Prospect High School (847) 718-5201
 Rolling Meadows High School (847) 718-5602
 Wheeling High School (847) 718-7001